Diversity, Equity, Inclusion, and Anti-Racism (DEIA) Resources

March 13, 2021

Francis Lu, MD, DLFAPA Kim Professor in Cultural Psychiatry, Emeritus, UC Davis francislumd@gmail.com

I welcome suggestions. Please share with others. I have no financial disclosures. This document is located at https://www.admsep.org/htmly/2020/10/diversity-equity-and-inclusion-resources. The top 27 items are highlighted and "***."

I. Professional Organization Resource Websites

- 1. Association of American Medical Colleges (AAMC)
- a. Diversity and Inclusion https://www.aamc.org/what-we-do/diversity-inclusion
 - 1. David Acosta, MD, Chief Diversity and Inclusion Officer: https://www.aamc.org/who-we-are/our-leadership/biography/david-acosta-md
 - 2. "Achieving excellence through equity, diversity, and inclusion" https://www.aamc.org/news-insights/achieving-excellence-through-equity-diversity-and-inclusion
 - 3. ***Diversity and Inclusion Toolkit Resources
 https://www.aamc.org/professional-development/affinity-groups/cfas/diversity-inclusion-toolkit/resources
 - 4. ***Diversity 3.0 Learning Series https://www.aamc.org/what-we-do/diversity-inclusion/learning
 - 5. Council of Faculty and Academic Societies (CFAS) Diversity & Inclusion Toolkit https://www.aamc.org/professional-development/affinity-groups/cfas/diversity-inclusion-toolkit
- b. Group on Diversity and Inclusion (GDI) https://www.aamc.org/professional-development/affinity-groups/gdi

Guides. Toolkits and Webinars

- ***Diversity and Inclusion Strategic Planning Toolkit, a summary of
- Diversity and Inclusion in Academic Medicine: A Strategic Planning Guide
- The NIH Scientific Workforce Diversity Interactive Toolkit
- New Diversity and Inclusion Officer Toolkit (PDF)
- The Way Forward: A Logic Model for Diversity and Policy Programs

***Webinars

c. Group on Women in Medicine and Science (GWIMS) https://www.aamc.org/professional-development/affinity-groups/gwims

GWIMS Toolkit

https://www.aamc.org/professional-development/affinity-groups/gwims/toolkit

d. *** "Diversity" and "Inclusion" AAMC Definitions
https://www.aamc.org/professional-development/affinity-groups/gdi

e. *** "Underrepresented in Medicine" AAMC Definition
https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/underrepresented-in-medicine

f. Health Equity Research and Policy https://www.aamc.org/what-we-do/mission-areas/medical-research/health-equity

Note: "Health Inequity" and "Health Care Inequity" AAMC Definitions

g. Diversity Engagement Survey https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/engagement-survey

h. *** Unconscious Bias Resources for Health Professionals https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/unconscious-bias-training

A related website is Project Implicit with the Implicit Association Test at https://implicit.harvard.edu/implicit/index.jsp

- i. Creating and Sustaining a Diverse and Culturally Responsive Workforce https://www.aamc.org/news-insights/diversity-issues
- j. Holistic Review https://www.aamc.org/services/member-capacity-building/holistic-review
- k. Gender Equity in Academic Medicine https://www.aamc.org/news-insights/gender-equity-academic-medicine
- I. Sexual and Gender Harassment Resources https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/harassment
- m. *** Racism and Health https://www.aamc.org/news-insights/racism-and-health

- 1. AAMC Statement on Police Brutality and Racism in America and Their Impact on Health, 6/1/20 https://www.aamc.org/news-insights/press-releases/aamc-statement-police-brutality-and-racism-america-and-their-impact-health
- 2. AAMC Statement on Executive Order on Combating Race and Sex Stereotyping, 9/24/20 [President Biden signed a new Executive Order that cancelled this Executive Order on 1/20/21.] https://www.aamc.org/news-insights/press-releases/aamc-statement-executive-order-combating-race-and-sex-stereotyping
- 3. *** AAMC Framework for Addressing and Eliminating Racism at the AAMC, in Academic Medicine, and Beyond, 10/7/20 https://www.aamc.org/addressing-and-eliminating-racism-aamc-and-beyond
- 4. Racism and Health: A Reading List https://www.aamc.org/news-insights/racism-and-health-reading-list
- 5. AAMC Statement on President Biden's Actions on Advancing Equity, Preventing Discrimination, and Supporting Underserved Communities, 1/21/21 https://www.aamc.org/news-insights/press-releases/aamc-statement-president-biden-s-actions-advancing-equity-preventing-discrimination-and-supporting
- n. MedEdPORTAL (AAMC online peer-reviewed resources)
 - 1. Anti-racism in Medicine Collection https://www.mededportal.org/anti-racism
 - 2. Diversity, Inclusion, and Health Equity Collection https://www.mededportal.org/diversity-inclusion-and-health-equity
- o. Academic Medicine (AAMC journal)
 - 1. Addressing Race and Racism in Medical Education Collection https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?TopicalCollectionId=72
 - 2. Sexual and Gender Minorities in Medicine Collection https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?Topical CollectionId=47
 - 3. Women in Medicine and Science Collection https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?Topical CollectionId=34
- 2. American Association of Directors of Psychiatry Residency Training (AADPRT) Anti-racism and Diversity Resources: Under the tab "Program Administrators." Copy and paste this link:

- 3. Association of Directors of Medical Student Education in Psychiatry (ADMSEP) Diversity, Equity, Inclusion, and Anti-Racism Resources [this document] https://www.admsep.org/htmly/2020/10/diversity-equity-and-inclusion-resources
- 4. Accreditation Council for Graduate Medical Education (ACGME) https://www.acgme.org/What-We-Do/Diversity-Equity-and-Inclusion
 - a. ACGME Common Program Requirements (CPR) (Residency) https://acgme.org/Portals/0/PFAssets/ProgramRequirements/CPRResidency202 0.pdf
 - b. ACGME Common Program Requirements (CPR) (Fellowship) https://acgme.org/Portals/0/PFAssets/ProgramRequirements/CPRFellowship202 0.pdf
 - 1. *** CPR on diversity and inclusion (new, effective 7/1/19) in both documents:

"IC. The program, in partnership with its Sponsoring Institution, must engage in practices that focus on mission-driven, ongoing, systematic recruitment and retention of a diverse and inclusive workforce of residents (if present), fellows, faculty members, senior administrative staff members, and other relevant members of its academic community. (Core)

Background and Intent: It is expected that the Sponsoring Institution has, and programs implement, policies and procedures related to recruitment and retention of minorities underrepresented in medicine and medical leadership in accordance with the Sponsoring Institution's mission and aims. The program's annual evaluation must include an assessment of the program's efforts to recruit and retain a diverse workforce, as noted in V.C.1.c).(5).(c)."

- 2. *** CPR on ACGME Competencies [bolded key terms added]
 - a. Professionalism

"Residents must demonstrate competence in **respect and responsiveness to diverse patient populations**, including but not limited to diversity in gender, age, culture, race, religion, disabilities, national origin, socioeconomic status, and sexual orientation."

b. Patient Care and Procedural Skills "Background and Intent: Quality patient care is safe, effective, timely, efficient, patient-centered, equitable, and designed to improve **population health**, while reducing per capita costs. (See the Institute of Medicine [IOM]'s *Crossing the Quality Chasm: A New Health System for the 21st Century*, 2001 and Berwick D, Nolan T, Whittington J. *The Triple Aim: care, cost, and quality. Health Affairs.* 2008; 27(3):759-769.)."

c. Medical Knowledge

"Residents must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care."

d. Interpersonal and Communication Skills

"Residents must demonstrate competence in communicating effectively with patients, families, and the public, as appropriate, across a **broad range of socioeconomic and cultural backgrounds**."

e. Systems-based Practice

"Residents must demonstrate an awareness of and responsiveness to the larger context and system of health care, including the **social determinants of health**, as well as the ability to call effectively on other resources to provide optimal health care."

c. Clinical Learning Environment Review (CLER)

https://www.acgme.org/What-We-Do/Initiatives/Clinical-Learning-Environment-Review-CLER

Resources and Documents

https://www.acgme.org/What-We-Do/Initiatives/Clinical-Learning-Environment-Review-CLER/Resources-and-Documents

Focus on "Health care quality (including health care disparities)" in these documents:

- National Report of Findings 2018 (JGME 2018)
- o Executive Summary National Report of Findings 2018
- o CLER Pathways to Excellence Version 2.0

d. 2020 ACGME Strategic Plan Summary, 10/20 [now mentions diversity, inclusion, and equity]

https://www.acgme.org/Portals/0/PFAssets/PublicationsPapers/Strategic%20Plan%20Summary.pdf?ver=2020-10-22-114251-953

5. *** Liaison Committee on Medical Education (LCME) [bolded key terms added] https://lcme.org/publications/#Standards

The LCME accredits medical education programs leading to the M.D. degree in the United States and Canada. Several LCME accreditation standards are relevant to cultural competence, disparities and diversity in a medical school setting.

Standard 3: Academic and Learning Environments

3.3 Diversity/Pipeline Programs and Partnerships

A medical school has effective policies and practices in place, and engages in ongoing, systematic, and focused recruitment and retention activities, to achieve mission-appropriate diversity outcomes among its students, faculty, senior administrative staff, and other relevant members of its academic community. These activities include the use of programs and/or partnerships aimed at achieving diversity among qualified applicants for medical school admission and the evaluation of program and partnership outcomes.

3.4 Anti-Discrimination Policy

A medical school has a policy in place to ensure that it does not discriminate on the basis of age, disability, gender identity, national origin, race, religion, sex, sexual orientation or any basis protected by federal law.

3.5 **Learning Environment/Professionalism** [Both this standard and one below could include issues related to diversity and inclusion, discrimination, racism, and bias.]

A medical school ensures that the learning environment of its medical education program is conducive to the ongoing development of explicit and appropriate professional behaviors in its medical students, faculty, and staff at all locations. The medical school and its clinical affiliates share the responsibility for periodic evaluation of the learning environment in order to identify positive and negative influences on the maintenance of professional standards, develop and conduct appropriate strategies to enhance positive and mitigate negative influences, and identify and promptly correct violations of professional standards.

3.6 Student Mistreatment

A medical school develops effective written policies that define mistreatment, has effective mechanisms in place for a prompt response to any complaints, and supports educational activities aimed at preventing mistreatment. Mechanisms for reporting mistreatment are understood by medical students, including visiting medical students, and ensure that any violations can be registered and investigated without fear of retaliation.

Standard 7: Curricular Content

7.1 Biomedical, Behavioral, Social Sciences

The faculty of a medical school ensure that the medical curriculum includes content from the biomedical, **behavioral**, **and socioeconomic sciences** to support medical students' mastery of contemporary medical science knowledge and concepts and the methods fundamental to applying them to the health of individuals and populations.

7.5 **Societal Problems** [This section could include the social determinants of health and mental health.]

The faculty of a medical school ensure that the medical curriculum includes instruction in the diagnosis, prevention, appropriate reporting, and treatment of the medical consequences of **common societal problems**.

7.6 Cultural Competence and Health Care Disparities

The faculty of a medical school ensure that the medical curriculum provides opportunities for medical students to learn to recognize and appropriately address biases in themselves, in others, and in the health care delivery process. The medical curriculum includes content regarding the following:

- The diverse manner in which people perceive health and illness and respond to various symptoms, diseases, and treatments
- The basic principles of culturally competent health care
- Recognition of the impact of disparities in health care on all populations and potential methods to eliminate health care disparities
- The knowledge, skills, and core professional attributes needed to provide effective care in a multidimensional and diverse society

6. American Psychiatric Association (APA)

a. *** Diversity and Health Equity

https://www.psychiatry.org/psychiatrists/cultural-competency

Section 1: Education: CME webinars, toolkits, fact sheets and other educational content specifically for diverse and vulnerable populations.

Section 2: Engagement Opportunities: APA components and caucuses, awards, resident/fellow fellowships, and networking opportunities aimed at supporting and increasing diversity within APA and psychiatry.

Section 3: Advocacy and News: Relevant press releases, position statements, and advocacy resources to help psychiatrists advocate for the needs of minority and underserved populations.

- b. *** Task Force on Structural Racism Throughout Psychiatry https://www.psychiatry.org/psychiatrists/structural-racism-task-force
- c. APA website on Mental Health and Faith Community Partnership https://www.psychiatry.org/psychiatrists/cultural-competency/engagement-opportunities/mental-health-and-faith-community-partnership

d. Resource Documents

https://www.psychiatry.org/psychiatrists/search-directories-databases/library-and-archive/resource-documents

Access the Resource Documents (selected) below either from the URL above OR by clicking on the hyperlink below, which will download a PDF to your download file.

2020

- ***How Psychiatrists Can Talk to Patients and Families About Race and Racism
- The Interface of Religion, Spirituality, and Psychiatric Practice
- ***Social Determinants of Health
- Developing a Global Mental Health Curriculum in Psychiatry Residency Programs

2018

• Assessment and Treatment of Gender Dysphoria and Gender Variant Patients

2017

- Mental Health and Climate Change 2013
- <u>Cultural psychiatry as a specific field of study relevant to the assessment and</u> care of all patients

2010

• Xenophobia, immigration and mental health

2006

- Religious/spiritual commitments and psychiatric practice
- e. <u>Position Statements Policy Finder (official APA positions)</u> https://www.psychiatry.org/home/policy-finder

Access the Position Statements (selected) below by searching for them at the URL above:

- On Diversity, 1999, 2017
- *** Diversity and Inclusion in the Physician Workforce, 2019
- Psychiatrists from Underrepresented Groups in Leadership Roles, 1994, 2017
- Discrimination Against International Medical Graduates, 2001, 2017
- Affirmative Action, 1977, 2017
- Mental Health Equity and the Social and Structural Determinants of Mental Health, 2018
- Resolution Against Racism and Racial Discrimination and Their Adverse Impacts on Mental Health, 2018
- Bias-Related Incidents, 2015
- Police Brutality and Black Males, 2018
- Addressing Racial and Ethnic Health Disparities in Substance Use Disorder Treatment in the Justice System, 2019
- Xenophobia, Immigration, and Mental Health, 2020
- Mental Health Needs of Undocumented Immigrants, 2020
- Care of Medically Vulnerable Migrants in the United States, 2019
- Mental Health of Foreign Nationals on Temporary Protected Status, 2019
- Separation of Immigrant Children and Families, 2018
- Detained Immigrants with Mental Illness, 2013
- Discrimination Against Religious Minorities, 2018
- Religious Persecution and Genocide, 2018
- Issues Related to Homosexuality, 2013
- Issues Related to Sexual Orientation and Gender Minority Status, 2020
- Treatment of Transgender (Trans) and Gender Diverse Youth, 2020
- Discrimination Against Transgender and Gender Diverse Individuals, 2018
- Access to Care for Transgender and Gender Diverse Individuals, 2018
- Mental Health and Climate Change, 2017

•

f. Caucus of Black Psychiatrists Resource Documents https://www.dropbox.com/sh/npsutb7ogghnpss/AADsp3y klWqwo-1Tyq6FSbna?dl=0

g. APA's Apology to Black, Indigenous and People of Color for Its Support of Structural Racism in Psychiatry and Historical Addendum, 1/18/21 https://www.psychiatry.org/newsroom/apa-apology-for-its-support-of-structural-racism-in-psychiatry

Historical addendum

https://www.psychiatry.org/newsroom/historical-addendum-to-apa-apology

h. Psychiatric Services (Journal)

Editor's choice curated collection on mental health disparities by race and ethnicity of adults

https://ps.psychiatryonline.org/editorschoice/mental-health-disparities-by-race-and-ethnicity-of-adults

7. American Psychoanalytic Association

Position Statements

https://apsa.org/position-statements

Access the Position Statements (selected) below by searching for them at the URL above or clicking on the hyperlinked Position Statement:

- 2018 Position Statement on Discrimination and Violence Against Women
- 2016 Position Statement on Inflammatory Political Rhetoric
- 2015 Position Statement on Refugee Resettlement
- 2015 Position Statement on Human Trafficking
- 2015 Position Statement on Campus Sexual Violence
- 2014 Position Statement on Race-Based Violence and Racial Profiling
- 2013 Position Statement on the Elimination of All Forms of Discrimination Against Women
- 2012 Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression
- 2012 Position Statement on Sexual Orientation, Gender Identity, and Civil Rights
- 2012 Position Statement on the Impact of Bullying and Harassment on Gender Non- Conforming and LGBT Youth

8. American Association for Community Psychiatry (AACP)

https://www.communitypsychiatry.org

9. American Academy of Child and Adolescent Psychiatry (AACAP)

Racism Resource Library

https://www.aacap.org/AACAP/Families and Youth/Resource Libraries/Racism Resource Library.aspx

10. American Board of Psychiatry and Neurology

Statement on Racism and Health Disparities, 6/22/20

https://www.abpn.com/wp-content/uploads/2020/06/ABPN-Statement-on-Racism-and-Health-Disparities.pdf

11. Society for the Study of Psychiatry and Culture (SSPC)

www.psychiatryandculture.org

- a. Outstanding webinar library including a Cultural Psychiatry 101 series on the DSM-5 Outline for Cultural Formulation
- b. Transcultural Psychiatry journal is the official journal of SSPC https://journals.sagepub.com/home/tps

12. World Association for Cultural Psychiatry (WACP) https://waculturalpsy.org

Note: Statement on Covid-19 and Vulnerable Populations, September, 6, 2020 https://waculturalpsy.org/wacp-news/statement-on-covid-19-and-vulnerable-populations/

13. World Psychiatric Association—Transcultural Psychiatry Section (WPA-TPS) https://www.wpa-tps.org

14. **National Academies of Sciences, Engineering, and Medicine**Resources on Diversity, Equity, and Inclusion https://www.nationalacademies.org/topics/resources-on-diversity-equity-and-inclusion

15. American Psychological Association

a. <u>Public Interest Directorate</u> https://www.apa.org/pi
The APA Public Interest Directorate applies psychology to the fundamental problems of human welfare and social justice and the promotion of equitable and just treatment of all segments of society through education, training and public policy.

- b. <u>Public Interest guidelines</u> and standards provide psychologists with the rationale and guidance for advancing multiculturalism, diversity, and social justice in psychological education, research, practice.
- APA Guidelines for Psychological Practice for People with Low-Income and <u>Economic Marginalization</u> Up for review in approximately 2029.
- ***<u>APA Guidelines on Race and Ethnicity in Psychology</u> Up for review in approximately 2029.
- <u>Assessment of and intervention with persons with disabilities</u>. Up for review in approximately 2021.
- *Evaluation of dementia and age-related cognitive change. Up for review in approximately 2021.
- *** *Multicultural guidelines: An ecological approach to context, identity, and intersectionality, 2017.
- *Psychological practice with lesbian, gay, and bisexual clients. Up for review in approximately 2021.

• *Psychological practice with older adults. Up for review in approximately 2023.

*Developed by APA's Public Interest Directorate to aid psychologists in their practice with special populations.

- c. <u>Professional practice guidelines</u> are designed to guide psychologists in practice regarding particular roles, populations or settings, and are supported by the current scholarly literature but do not focus upon specific disorders or treatments. [selected]
 - APA guidelines for psychological practice with boys and men (PDF, 443KB). Up for review in approximately 2028.
 - APA guidelines for psychological practice with girls and women (PDF, 496MB). Up for review in approximately 2028.
 - <u>Professional practice guidelines: Guidance for developers and users</u> (<u>PDF, 219KB</u>). Up for review in approximately 2025.
 - <u>Psychological evaluations in child protection matters</u>. Up for review in approximately 2021.
 - *Psychological practice with older adults. Up for review in approximately 2023.
 - *Transgender and gender nonconforming people (PDF, 617KB). Up for review in approximately 2022.
 - *Developed by APA's Public Interest Directorate to aid psychologists in their practice with special populations.
- d. Racism, bias, and discrimination https://www.apa.org/topics/racism-bias-discrimination.html
- e. Race, trauma, and social justice (APA publishing) https://www.apa.org/pubs/highlights/race
- f. Health disparities https://www.apa.org/topics/health-disparities/index.html
- g. Lesbian, gay, bisexual, transgender https://www.apa.org/topics/lgbt/index.html and APA publishing https://www.apa.org/pubs/highlights/lgbtq
- h. Socioeconomic status https://www.apa.org/topics/socioeconomic-status/index.html
- i. Women & men https://www.apa.org/topics/women-men/index.html
- i. Immigration https://www.apa.org/topics/immigration/index.html

- k. Climate change https://www.apa.org/practice/programs/dmhi/research-information/climate-change
- I. Equity, diversity, and inclusion in APA journals <a href="https://www.apa.org/pubs/authors/equity-diversity-inclusion?utm_campaign=apa_publishing&utm_medium=direct_email&utm_sour_ce=businessdevelopment&utm_content=diversity-inclusion-ecp_spotlight_studentresearchers_bsupromo_12072020&utm_term=text_bottom_learnmore

16. American Counseling Association

Racism Resources

https://www.counseling.org/knowledge-center/mental-health-resources/racism

17. American Public Health Association

- a. Racism and health https://www.apha.org/topics-and-issues/health-equity/racism-and-health
- b. Health equity https://www.apha.org/topics-and-issues/health-equity
- c. Social determinants of health https://thenationshealth.aphapublications.org/content/nations-health-series-social-determinants-health
- d. Mental health https://www.apha.org/topics-and-issues/mental-health
- e. Climate change https://www.apha.org/topics-and-issues/climate-change

18. Harvard School of Public Health

Racism is a public health crisis https://www.hsph.harvard.edu/news/racism-is-a-public-health-crisis/

19. American Medical Association

a. AMA policy: racism as a public health threat, 11/16/20 https://www.ama-assn.org/press-center/press-releases/new-ama-policy-recognizes-racism-public-health-threat

https://www.ama-assn.org/delivering-care/health-equity/ama-racism-threat-public-health

- b. How to measure racism in academic health centers https://journalofethics.ama-assn.org/article/how-measure-racism-academic-health-centers/2021-02
- c. Medical school diversity https://www.ama-assn.org/education/medical-school-diversity

20. American College of Physicians

Racial Health Disparities, Prejudice and Violence https://www.acponline.org/advocacy/where-we-stand/racial-health-disparities-prejudice-and-violence

21. National Collaborative For Health Equity

https://www.nationalcollaborative.org/

Note: The HOPE Initiative tracks social determinants of health:

https://www.hopeinitiative.org

22. Robert Wood Johnson Foundation

Social Determinants of Health

https://www.rwif.org/en/our-focus-areas/topics/social-determinants-of-health.html

23. National Association of Social Workers (NASW)

- a. Ethnicity & Race https://www.socialworkers.org/practice/ethnicity-race
- b. Racial Equity https://www.socialworkers.org/Practice/Ethnicity-Race/Racial-Justice
- c. Lesbian, Gay, Bisexual & Transgender (LGBT) https://www.socialworkers.org/practice/LGBT

24. Georgetown University National Center for Cultural Competence

https://nccc.georgetown.edu

II. Federal Government Resources Websites

1. The White House

a. Executive Order On Advancing Racial Equity and Support for Underserved Communities Through the Federal Government, 1/20/21 https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/20/executive-order-advancing-racial-equity-and-support-for-underserved-communities-through-the-federal-government/

- b. Executive Order on Preventing and Combating Discrimination on the Basis of Gender Identity or Sexual Orientation, 1/20/21 https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/20/executive-order-preventing-and-combating-discrimination-on-basis-of-gender-identity-or-sexual-orientation/
- c. Memorandum Condemning and Combating Racism, Xenophobia, and Intolerance Against Asian Americans and Pacific Islanders in the United States, 1/26/21

https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/26/memorandum-condemning-and-combating-racism-xenophobia-and-intolerance-against-asian-americans-and-pacific-islanders-inthe-united-states/

2. U.S. Department of Health and Human Services (DHHS) Substance Abuse and Mental Health Administration (SAMHSA)

- a. *** Behavioral Health Equity https://www.samhsa.gov/behavioral-health-equity
- b. Minority Fellowship Program https://www.samhsa.gov/minority-fellowship-program
- c. National Network to Eliminate Disparities in Behavioral Health (NNED) https://www.samhsa.gov/national-network-eliminate-disparities-behavioral-health
- d. Tribal Affairs https://www.samhsa.gov/tribal-affairs
- e. African American Behavioral Health Center of Excellence at Morehouse University School of Medicine https://africanamericanbehavioralhealth.org

3. **DHHS, Office of Minority Health (OMH)** https://www.minorityhealth.hhs.gov

*** National Culturally and Linguistically Appropriate Services Standards (CLAS), 2013 https://thinkculturalhealth.hhs.gov/clas/standards includes online trainings and implementation strategies to improve systems cultural

- competence.
 - a. An Implementation Checklist for the National CLAS Standards https://thinkculturalhealth.hhs.gov/assets/pdfs/AnImplementationChecklistfortheN ationalCLASStandards.pdf
 - b. A Practical Guide to Implementing the National CLAS Standards: For Racial, Ethnic, and Linguistic Minorities, People with Disabilities and Sexual and Gender Minorities, 12/2016

https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/CLAS-Toolkit-12-7-16.pdf

- c. Evaluation of the Awareness, Knowledge, Adoption, and Implementation of the National CLAS Standards in Health and Health Care Organizations https://thinkculturalhealth.hhs.gov/assets/pdfs/clas-ncs-evaluation-project.pdf
- d. Evaluation of the National CLAS Standards: Tips and Resources, 2018 https://www.minorityhealth.hhs.gov/assets/PDF/Evaluation_of_the_Natn_CLAS_Standards Toolkit PR3599 final.508Compliant.pdf

4. *** DHHS, National Institutes of Health (NIH)

a. Ending Structural Racism
https://www.nih.gov/ending-structural-racism?utm medium=email&utm source=govdelivery

b. Scientific Workforce Diversity (SWD) Office https://diversity.nih.gov includes a SWD toolkit and webinar

Description of projects since 2014 with hyperlinks https://www.nih.gov/about-nih/who-we-are/nih-director/statements/statement-retirement-dr-hannah-valantine

c. Transformative Research to Address Health Disparities and Advance Health Equity

https://commonfund.nih.gov/healthdisparitiestransformation?utm_medium=email &utm_source=govdelivery

5. **DHHS, National Institute on Minority Health and Health Disparities (NIMHHD)** Resources https://www.nimhd.nih.gov/resources/

6. DHHS, Health Resources and Services Administration (HRSA)

a. Health Equity for Diverse Populations https://www.hrsa.gov/about/organization/bureaus/ohe/populations/diverse-populations.html

b. Culture, Language, and Health Literacy https://www.hrsa.gov/about/organization/bureaus/ohe/health-literacy/culture-language-and-health-literacy

c. Office of Civil Rights, Diversity and Inclusion https://www.hrsa.gov/about/organization/bureaus/ocrdi

7. DHHS, Center for Disease Control (CDC) Social Vulnerability Index

Social vulnerability refers to the potential negative effects on communities caused by external stresses on human health. Such stresses include natural or human-caused disasters, or disease outbreaks. Reducing social vulnerability can decrease both human suffering and economic loss. CDC Social Vulnerability Index (CDC SVI) uses 15 U.S. census variables to help local officials identify communities that may need support before, during, or after disasters.

https://www.atsdr.cdc.gov/placeandhealth/svi/index.html

8. DHHS, Agency for Healthcare Research and Quality (AHRQ)

a. Social Determinants of Health (SDOH)

https://www.ahrq.gov/sdoh/index.html

Social Determinants of Health (SDOH)

- About SDOH in Healthcare
- Health Systems Research
- Practice Improvement
- Data and Analytics
- Resources
- What's New

b. National Healthcare and Disparities Reports https://nhgrnet.ahrg.gov/inhgrdr/

9. DHHS, Office of the Surgeon General

Mental Health https://www.hhs.gov/surgeongeneral/reports-and-publications/mental-health/index.html

III. Online Training Resources

1. National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care, Office of Minority Health, Dept. of Health and Human Services https://thinkculturalhealth.hhs.gov/clas

*** "Improving Cultural Competency for Behavioral Health Professionals" E-Learning Program (May, 2019) with 5 CE credits (free) sponsored by the Office of Minority Health, DHHS: https://thinkculturalhealth.hhs.gov/educatUniversityion/behavioral-health

- 2. *** "Using the DSM-5 Cultural Formulation Interview" online training module sponsored by the Columbia University Center of Excellence in Cultural Competence. https://nyculturalcompetence.org/cfionlinemodule/ *Outstanding online training module on the CFI*
- 3. New England Journal of Medicine Race and Medicine including 5 multimedia presentations

https://www.nejm.org/race-and-medicine?query=main_nav_lg

- 4. Group for the Advancement of Psychiatry "Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Mental Health: A Curriculum for Psychiatry Residents" https://www.gap-lgbtq.org
- 5. National Association of County and City Public Health Officials (NACCHO) "Roots of Health Inequity" course http://www.rootsofhealthinequity.org
- 6. *** American Psychiatric Association
 - a. Racism and Black Mental Health https://education.psychiatry.org/diweb/catalog/item?id=5913368 ga=2.1048745 ga=2.1048745
 - b. *** Responding to Racism from Patients, Families, and Guests Towards
 Residents and Practicing Physicians
 https://education.psychiatry.org/diweb/catalog/item?id=5917396&ga=2.4496809
 6.502899288.1611768236-2014004078.1609721480
 - c. Impact of Microaggression on Mental Health Outcomes https://education.psychiatry.org/diweb/catalog/item?id=5913251&_ga=2.1036815 40.502899288.1611768236-2014004078.1609721480
 - d. Diversity & Health Equity Education: These resources, including fact sheets, guides and online learning modules, help clinicians provide quality health care that addresses the needs of culturally diverse populations. https://www.psychiatry.org/psychiatrists/cultural-competency/education
- 7. American Medical Association
 - a. Accelerating Change in Medical Education webinars https://innovationmatch.ama-assn.org/groups/ace-community/pages/resources
 - "Uprooting structural racism embedded in medical education" on 2/1/21
 - "Applying systems thinking to address structural racism in health professions education: Curriculum, structural competency and institutional change" on 7/20/21
 - "Focusing on diversity: Promoting mission-aligned medical school admission and residency selection processes" on 6/15/20
 - b. Prioritizing Equity webinars [focus on COVID]

 <a href="https://www.ama-assn.org/delivering-care/health-equity/prioritizing-equity-video-series?utm-source=Selligent&utm-medium=email&utm-term=%25m%25d%25y&utm-content=INT_ECM_MyConnection_121020&utm_campaign=INT_ECM_MyConnection&utm-uid=&utm-effort=&utm-h=

- 8. Yale University Department of Psychiatry RebPsych 2020: Decolonizing Mental Health https://medicine.yale.edu/psychiatry/rebpsych/
- 9. Structural Competency www.Structuralcompetency.org

IV. Examples of Websites of University Departments of Psychiatry on DEIA

1. McGill University Division of Social and Transcultural Psychiatry https://www.mcgill.ca/tcpsych/

Note: A Call to Action on Racism and Social Justice in Mental Health https://www.mcgill.ca/tcpsych/network/call-action

Multicultural Mental Health Resource Center https://multiculturalmentalhealth.ca/home/

2. University of California, Office of the President Diversity: Faculty and other academic personnel https://www.ucop.edu/faculty-diversity/index.html

Note: Guidelines For Addressing Race and Gender Equity in Academic Programs in Compliance with Proposition 209 https://www.ucop.edu/uc-legal/guidance/enhancing-diversity-at-uc.html

a. University of California, San Francisco https://psych.ucsf.edu/diversity

Note: 5 Task Forces on Recruitment/Retention, Education, Research, Communication, and Health Equity

Antiracism Resources: https://psychiatry.ucsf.edu/copingresources/anti-racism

- b. University of California, Davis https://health.ucdavis.edu/psychiatry/specialties/diversity/index.html
- c. University of California, San Diego https://medschool.ucsd.edu/som/psychiatry/about/DiversiColumbia Universityty/Pages/default.aspx

d. University of California, Los Angeles

https://diversity.semel.ucla.edu

https://diversity.semel.ucla.edu/psychiatry-diversity-advisory-committee/

6. Massachusetts General Hospital

https://www.massgeneral.org/psychiatry/services/treatmentprograms.aspx?id=1930

7. Columbia University

https://www.columbiapsychiatry.org/faculty/faculty-affairs/faculty-affairs-offices-committees/committee-diversity-and-inclusion

8. Yale University

https://medicine.yale.edu/psychiatry/diverse/

9. Emory University

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/index.html

Anti-Racism Action Steps

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/antiracism.action.steps.html

Anti-Racism Action Guides

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/antiracism.action.guides.html

Racial Justice Resources

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/racial.justice.resources.html

V. <u>Examples of Websites of Departments of Psychiatry Training Programs on</u> DEIA

1. Yale University

https://medicine.yale.edu/psychiatry/education/residency/diversity/

2. University of Texas, Southwestern

https://www.utsouthwestern.edu/education/medical-school/departments/psychiatry/education-and-training/residency-program/diverse-resident-experience.html

VI. Curated book and film lists on cultural psychiatry and related topics at

<u>Amazon</u> by Francis Lu, MD, Kim Professor in Cultural Psychiatry, Emeritus, UC Davis. Updated frequently. Feel free to share. Note: I have no financial disclosures. I welcome suggestions. francislumd@gmail.com

- My Amazon Author Page with my biosketch and my own book titles to which I contributed: amazon.com/author/francislu
- #1 Cultural psychiatry: 40 teaching textbooks for medical students, psychiatry residents, trainees, and supervisors: https://a.co/dj5VhZn
- #2 Cultural psychiatry: "What's New," classics, psychopathology, Asian Americans, Hispanics, Blacks, Indigenous People, Rural MH: http://a.co/5GbeL6L
- #3 Cultural psychiatry: Therapeutic alliance, psychoanalytic studies, CBT, intercultural Rx, multicultural psychology, intersectionality: http://a.co/0FL17gW
- #4 Cultural psychiatry: Films: http://a.co/fGOOvXQ
- #5 Cultural psychiatry: Children, adolescents, and their families: https://a.co/5dzStBv
- #6 Cultural psychiatry: The Elderly, dementia and caregiving: https://a.co/7LJwi5w
- #7 Cultural psychiatry: Women, men, and LGBT mental health: https://a.co/6rgcSF2
- #8 Cultural psychiatry: Religion, spirituality, moral traditions, and psychiatry: https://a.co/8lp0jpw
- #9 Cultural psychiatry: Immigrant/refugee, global, decolonizing/liberation psychiatry: https://a.co/gLKBrwa
- *** #10 Racism, anti-racism, race and related topics: https://a.co/7ulwHU3
- *** #11 Diversity/inclusion, health equity/disparities, social justice: https://a.co/23RUiSm
- #12 Social Determinants of Mental Health / Health: https://a.co/0Gdtl3p
- #13 Climate change, mental health, and health: https://a.co/6pX4KoH
- #14 Career development in academic psychiatry/medicine: http://a.co/3B96oQb
- #15 Films: Favorite great films from the Esalen Institute film seminars #1: http://a.co/cVM5yM7
- #16 Films: Favorite great film from the Esalen film seminars #2: https://a.co/aFo5v8F
- #17 Books on films from the favorite great films of the Esalen film seminars #1 list: https://a.co/8fMxuPF

#18 UCSF/ZSFGH Dept. of Psychiatry faculty authors/editors from 1977 to now: https://a.co/brddQH2